

Regain Your Eligibility for the Supplemental Nutrition Assistance Program (SNAP)



An able-bodied adult (ABA) may receive up to three months of SNAP benefits within a 36-month period without meeting a SNAP work requirement. The first month of the 36-month period begins with the first full month of benefits. Once an ABA has received three full months of SNAP benefits without participating in a work requirement, they are no longer eligible for SNAP.

How can an ABA regain SNAP eligibility?

An able-bodied adult (ABA) may regain eligibility for SNAP if, as determined by the county agency, one of the following conditions is met:

1. Work/Program Participation

Work or participate in a work program (or both) for at least 80 hours over a 30-day period, within 60 days prior to applying for SNAP.

– OR –

2. An Exemption

An ABA is considered exempt if they are under age 18, age 65 or older, or meet one of the following criteria:

- Pregnant
- Residing with another assistance group member under the age of 14
- Responsible for a dependent child under 6 or an incapacitated person inside or outside the home
- Receiving or applying for unemployment benefits
- Physically or mentally unfit for employment, temporarily or permanently
- Regularly participating in a drug or alcohol treatment program, residential or nonresidential
- A student enrolled at least half time (must also meet student eligibility requirements)
- Employed or self-employed and working at least 30 hours per week or earning at least \$217.50 per week (gross)
- Complying with work requirements under the Ohio Works First (OWF) Program
- Applying for SSI and SNAP at the Social Security Office
- An Indian, Urban Indian, or California Indian



You will be asked to provide verification.

Verifications may be submitted in-person, by fax, by email, or through the Self-Service Portal (SSP).



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COUNTY EXECUTIVE

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SELF-SERVICE PORTAL (SSP)
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